

# PFCS & YOU

Putnam Family  
and  
Community Services

# Take Note ✓

SUMMER 2008: EXCERPT

## *Puppets: Not just child's play!*

Meet Carmen. She may be a Cool Cat, but she's got lots to learn about staying safe and healthy— just like our kids.

Carmen is one of the stars of the “**Too Good for Drugs**” curriculum. The program features Carmen and her puppet friends in fun, interactive lessons that promote character building in students. As Carmen learns to make smart choices, so do the kids.

**PFCS Prevention Services** introduced “Too Good for Drugs” to 1st, 2nd and 4th graders in Mahopac last year. Kristel Halton brought the puppets to life for students, engaging them in role-plays and games designed to discourage them from using drugs, alcohol, and tobacco. Thanks to Kristel's wonderful character voices for the puppets, kids had a great time *and* learned important skills for healthy living.

Fueled by the program's success in Mahopac, PFCS will be providing “Too Good for Drugs” at Camp Herrlich this summer, and introducing it to 5th graders in Putnam Valley in the fall.



*Puppets Nic and  
Carmen the Cool Cat*