

# PF CS & YOU

Putnam Family  
and  
Community Services

# Take Note ✓

FALL 2009: EXCERPT

## Spotlight On... *The Latino Outreach Program*

We've all been there before: the **fear and uncertainty** that come with a new town, a new school, a new job. We don't know anyone, we don't know what is accepted or expected, and we have no one to turn to for help. It can be stressful...overwhelming...and almost 10% of Putnam's population often experience these feelings. They are our Hispanic and Latino neighbors, many of whom are new to our country. Not only are they in a new place, surrounded by new people, but they are also immersed in a different culture with different customs and a different language. Friends and family may be far away, and work and money can be hard to come by – although many adjust well and learn to flourish in our community, **some have difficulty coping and fall into depression.**

That's why we offer our Latino Outreach Program. We believe that **all members of the community deserve to lead safe and healthy lives**; we're here to help our Hispanic and Latino neighbors overcome their difficulties. Our outreach worker serves as a translator when necessary, provides education about mental health, alcohol and substance-related concerns, and familiarizes people with services available in the community. We strive to create an atmosphere of **compassion, hospitality, and respect** that will enable all of Putnam's residents to live, work, and thrive together.