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### **AMY L. REED COVAIS APPOINTED TO PFCS BOARD**

**Carmel, NY** – Amy L. Reed Covais has been appointed to the Board of Directors for Putnam Family and Community Services, Inc. (PFCS). Covais holds a J.D. from Pace Law School and resides in Carmel, where the non-profit is based.

Covais is a strong believer in the recovery philosophy that is the hallmark of PFCS’s mental health and substance abuse treatment services. Her experience growing up in a family affected by alcoholism helped spur her interest in mental health and her involvement with the agency. “My parents went into [Alcoholics Anonymous] when I was 14, so I saw what recovery was about,” said Covais. “I know how recovery benefitted my whole family, and I really like that PFCS addresses the whole family and not just the individual.”



*Amy L. Reed Covais*

#### **About Putnam Family and Community Services, Inc.**

Putnam Family and Community Services, Inc. (PFCS) is a private non-profit agency providing mental health and chemical dependency treatment and prevention services to people of all ages, regardless of ability to pay. PFCS promotes opportunities to grow, heal, and recover through comprehensive services including counseling, case management, family advocacy, community outreach, and assistance with addiction and rehabilitation. For more information, visit [www.PFCSinc.org](http://www.PFCSinc.org).