

PFCS & YOU

Putnam Family
and
Community Services

Take Note ✓

FALL 2008: EXCERPT

Spotlight On... *Adult Case Management*

Imagine being 21, newly diagnosed with a serious mental illness, and finding yourself without a place to live. What would you do?

Timothy didn't know the answer, and had no one to turn to. Desperate for a warm place to sleep, he would go to the police station and try to get himself thrown in jail for the night. Timothy needed help – not just with his mental health, but also with **putting the pieces of his life together.**

That's where **PFCS Adult Case Management** services stepped in. Case managers assist with obtaining and coordinating community resources – like treatment, housing, education, and advocacy – and they encourage independence in the people they serve.

In addition to seeing a therapist, Timothy began weekly meetings with a case manager. Sometimes they met at the agency, sometimes they met at a deli. The place didn't matter, as long as they were working to help Timothy **get the services he needed.**

With the assistance of PFCS Adult Case Management, Timothy was able to get social security and Medicaid benefits to help pay for healthcare. He found housing in a community residence and, once he had a safe place to sleep at night, he was able to focus on what else he wanted in life. Together, he and his case manager identified a program to improve his skills and help him find a job.

At 21, Timothy's life is just beginning. Throughout his struggles, his case manager was there to guide him and help him get the services he needed. He is now living in an apartment, looking for employment, and **building a life for himself.**

Congratulations to PFCS Adult Case Management! The program recently received the 2008 Norman Vincent Peale Outstanding Service Award for an Organization.